

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helen Jervis**

Has successfully participated & completed the

**5km TRAIL Run Kariega Trail Run 2018**

held at Southwell Cricket Field.

**TIME 00:45:34**

**PACE 09:06/km**

**GENDER 14 of 51**

**OVERALL 21 of 75**

**OPEN 9 of 25**

29 December 2018, Sat

Date



*BoutTime*

Signature

